

Road to the ORI

Review the variety of UXOs that might be encountered during a contingency

See photos, page 4

News Briefs

Crash kills 4 soldiers in Kuwait
A Black Hawk helicopter crash in the Kuwaiti desert killed four American soldiers Tuesday. U.S. military officials in Kuwait said the UH-60 helicopter crashed during a nighttime training mission near Camp New Jersey, about 31 miles northwest of Kuwait City.

Black History Month?
Some people call February Black History Month. Others call it African-American History Month. That's not a problem, because the names are interchangeable, according to Barbara Dunn of the Association for the Study of African-American Life and History in Silver Spring, Md.



courtesy photo

U.S., Philippines to Operate Against Abu Sayyaf Terrorists
U.S. and Philippine forces will conduct combined operations against the Abu Sayyaf terrorist group in the Southern Philippines. About 350 U.S. special operations personnel from the Army, Navy and Air Force will work with Philippine soldiers in the Sulu Archipelago. Another 750 Americans will provide logistics support from the headquarters in Zamboanga on Mindanao Island.

Stop-loss freezes some soldiers
Mirroring the Reserve-Component stop-loss measure designed to keep deploying units manned with soldiers who have trained and worked together as a team, the Army is implementing a unit stop-loss for the active force. The initiative is targeted for selected units that have already deployed or have been alerted for deployment into the U.S. Central Command area of responsibility.

Profiles from the front line
The men and women who make up America's military will be featured on an ABC-TV production entitled "Profiles from the Front Line" through April 6. The Defense Department gave the producers of the show access to operations in Afghanistan and around the world.



Photo by Staff Sgt. Maritza Freeland

BATTLE BUDDIES: Airman 1st Class Trudy Vandever helps her buddy, Tech. Sgt. Bill Houth, both from 8th Fighter Wing, take his overboots off as Master Sgt. Jonathan Sullivan, 8th Civil Engineer Squadron, inspects the procedure at a contamination control point during Wolf War Day Feb. 21. See story, page 3.

SECAF, CSAF: War requires team effort

By Master Sgt. Rick Burnham
Air Force Print News

WASHINGTON — Despite dramatic successes in recent armed conflicts, the Air Force would only present a portion of the forces brought to bear against Iraq, if indeed war is needed to disarm the forces of Saddam Hussein.

Winning such a conflict will require a team effort, said Secretary of the Air Force Dr. James G. Roche, bringing together the combined efforts of not only each of the nation's armed services, but reserve forces and their civilian employers as well.

The secretary's comments came Feb. 19 during an interview with correspondents from Washington-based radio station WTOP. Air Force Chief of Staff Gen. John P. Jumper joined him during the broadcast, which included questions from call-in listeners around the national capital region.

"Although we'll use airpower right off the bat," Roche said, "our armed services fight as a team."

Jumper agreed, adding that recent advancements in technology will produce some very significant results.

"We never fight alone," the general said. "It's a coordinated effort among all the services, and we certainly do our part. But we never pretend that it's all

about airpower. We're going to go in there, if the President asks us to do this, with much more striking power than we've had in the past, certainly more than we saw in Desert Storm. I think you're going to be very surprised and pleased with what you see."

That improved striking power will require a powerful blend of airpower from a variety of different sources, Roche said.

"It's a combat air force, not just the Air Force," the secretary said. "It will also be naval air and Marine Corps aviation, so it's the combat air force of the United States. We will certainly do our best to fulfill what [U.S. Central Command Commander Gen. Tommy R. Franks] wants us to do as part of combat air force as an airpower."

Also, Jumper said, there are many requirements on the ground that an aircrew simply cannot accommodate.

"Nobody in an airplane is going to be able to dig somebody out of a foxhole," the general said. "You need the balance you need to be prepared to take whatever measures are required to obtain that objective."

And that includes measures by civilian employers, whose sacrifices in support of Guard and Reserve call-ups have become commonplace in recent years, particularly since Sept. 11, 2001. Jumper



Gen. John P. Jumper

called those sacrifices an absolute key to the success of America's armed forces.

"We can't tell you how thankful we are for all the employers out there who let go of some of their best people to put on the uniform and come on active duty," he said. "You can't tell the difference [between active duty and Reserve] when you are out there."

It is all about the "total force concept," Roche said, a prescription for success when it comes to armed conflict.

"We have had a total force concept for some time that works very, very well," he said.

COMPACAF explains PACAF's road ahead

By 1st Lt. David Faggard
Pacific Air Forces Public Affairs

HICKAM AIR FORCE BASE, Hawaii — The Pacific Air Forces commander recently shared his views on current issues including PACAF's role in the Aerospace Expeditionary Force, the need for vaccinations against weapons of mass destruction, rising world tensions, and operations tempo.

General Bill Begert's focus of the interview was targeted at one underlying point — he wants to ensure all PACAF troops are ready to do their job anywhere and at anytime when called upon.

"My number one priority is readiness," said Begert. "With the global war on terror, the heightened tensions in the Gulf region and in North Korea, I'm focused even more on readiness, and I want to make sure airmen are ready to do their duty; that they're trained and equipped properly, they're ready emotionally and they're ready physically to go out and do the best job they can," he said.

The general stated the AEF process of deployments most airmen are familiar with would be the standard for troops headed into the field, however it's a flexible and fluid process that may go through changes. As was seen in a Jan. 28 statement from Gen. John Jumper, Air Force chief of staff, the

"My number one priority is readiness ... I want to make sure airmen are ready to do their duty; that they're trained and equipped properly, they're ready emotionally and they're ready physically to go out and do the best job they can."

— Gen. Bill Begert
Pacific Air Forces commander



process and design of deploying forces is a flexible system that changes with the needs of the war-fighting commander.

"This is an interesting time in America; troops are deploying to all ends of the earth fighting terrorism and other forces which threaten the western way of life," said Begert. "Airmen have deviated from the typical 90-day AEF flow of forces in order to better support combatant commanders, ensuring they have the most qualified men and women in the field to ensure 100 percent mission accomplishment," the general said.

According to the general, it will take time to get back into a pace of normalcy, however with the way things are changing everyday in the world, airmen of all ranks should be prepared.

"When able, we will return to a more normalized AEF battle rhythm. We'll continue to assess the evolving situation and develop rotation plans, planning for reconstitution

of the force and explore all options to relieve stress on our most important assets, the airmen," said the commander. "We need to ensure we are ready for anything that our president and our nation asks of us."

With more airmen being deployed in support of current operations against terrorism, the threat of weapons of mass destruction and the vaccines to combat them is a fact of life for deploying airmen.

"Anthrax and smallpox are just two examples of the kinds of threats we face today with WMD, which is why the president and the country is focused so much on nations like North Korea and Iraq. There are also terrorists groups who may be interested in acquiring and using these weapons," said the general.

According to the general, being inoculated against anthrax and smallpox are very important parts of deterrence, and if we happen to conduct an actual operation in a WMD environment, it's a very important part of being able to accomplish the mission.

Medical troops and those deploying to certain locations have already received the smallpox vaccine.

"Like the rest of the country, we're being very selective as we start into the new regime of smallpox vaccinations," said Begert, noting that the smallpox vaccine is nothing new and many in today's Air Force have probably had it before.

"Some of us at my age have taken multiple smallpox vaccinations," said Begert. "I had it in grammar school, and I had it twice early in my Air Force

career. This is something that will not be trivially done, but will be something that we will do very carefully and deliberately, to have the right people vaccinated at the right time," he said.

Operations tempo is a main concern for troops in PACAF and the current exercise schedule is being looked at for compatibility with today's ongoing force requirements.

"We're going to look at all our exercises and make sure we're getting the most out of them while supporting our combatant commander," said Begert. "The ops tempo is so high right now we have to be very careful; if we add exercises, we must ensure they're done for a very important purpose," he said.

The general expressed the importance of PACAF, what's going on in the world, and what it means to him.

"We live right now in a very important time in American history," said Begert. "Serving in uniform has never been more important. I think this coming year, with the global war on terrorism, a looming crisis in Iraq and a potential crisis in North Korea; this is a time where it's a great privilege to wear the uniform."

"Even our youngest airman, 40 or 50 years from now, will be able to tell their children and grandchildren they served in the United States Air Force in 2003, and that will say it all. There's a lot to be proud of these days while wearing the uniform of the U.S. Air Force," he said.

Action Line 782-5284



Col. Guy Dahlbeck
Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number where you can be reached and a brief description of your problem or concern. You can also send an e-mail to action.line@kunsan.af.mil.

AAFES Customer Service.....	782-4426
Area Defense Council.....	782-4848
Base Exchange.....	782-4520
Chapel.....	782-4300
CES Customer Service.....	782-5318
Commissary manager.....	782-4144
Education Office.....	782-5148
Dining Hall.....	782-5160
Fitness Center.....	782-4026
Golf Course.....	782-5435
Housing Office.....	782-4088
Inspector General.....	782-4850
IDEA Office.....	782-4020
Law Enforcement Desk.....	782-4944
Legal Assistance.....	782-4283
Military Equal Opportunity.....	782-4055
Military Pay.....	782-5574
Military Personnel Flight.....	782-5276
Medical Patient Advocate.....	782-4014
Network Control Center.....	782-2666
OSI.....	782-4522
Public Affairs.....	782-4705
Telephone Repair.....	119

action.line@kunsan.af.mil



Wing Tax Assistance Available by appointment

Monday to Thursday

8 a.m. to 4 p.m.

Fridays - 8 a.m. to noon

Call Staff Sgt. Michele
Deaner at 782-1829
for an appointment



Photo by Army 1st Lt. Cory Angell

OEF FIRE: Air Force firefighters battle a blaze Feb. 21 that destroyed the exchange, barbershop, gift and coffee shop at Kandahar, Afghanistan. The blaze also destroyed the living quarters of 25 Army and Air Force Exchange Service employees. Damage costs are estimated at more than \$1 million.



Editorial Staff

Col. Guy Dahlbeck
Commander, 8th Fighter Wing

Capt. Alisen Iversen
Chief, Public Affairs

1st Lt. Heather Healy
Deputy Chief, Public Affairs

Master Sgt. Mark Haviland
Superintendent, Public Affairs

Staff Sgt. Kelley Stewart
Chief, Internal Information

Senior Airman
Andrew Svoboda
Editor

Defend the base
Accept follow-on forces
Take the fight North

This funded Air Force newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the **WOLF PACK WARRIOR** are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

Content

The editorial content is edited, prepared, and provided by the 8th Fighter Wing Public Affairs office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

Submissions

Deadline for submissions to the **WOLF PACK WARRIOR** is 4 p.m. Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the

right to edit all submissions to conform to Air Force journalism standards, local style, and available publication space. Submissions should be e-mailed to wolfpackwarrior@kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

Contact Us

People with questions, comments, suggestions or submissions can contact the public affairs office at:
8th FW/PA
PSC 2 Box 2090
APO AP 96264-2090

We can also be reached by phone at 782-4705, by e-mail at wolfpackwarrior@kunsan.af.mil, or by fax at 782-7568.

MONTHLY SORTIE GOALS

Unit	Goal	Flown
35th FS	331	275
80th FS	340	299
8th FW	671	574



PERSONNEL TIP

Online DD Form 93

An electronic replacement to the DD Form 93, called the Virtual Record of Emergency Data [vRED] is designed to expedite processing in the casualty affairs arena. AF members will be able to directly update their personal data from any computer [mil access not required] at www.afpc.randolph.af.mil. The vRED system will automatically prompt individuals to review and update their data every six months and upon PCS.

Wolf Pack continues readiness training

Wolf War Days provide extra training as troops countdown weeks to readiness inspection

By Staff Sgt. Kelley Stewart
8th Fighter Wing Public Affairs

In an effort to get the 8th Fighter Wing ready for the operational readiness inspection in April, the Wolf Pack has turned to Wolf Warrior Days.

Basically, Wolf Warrior Days are a means to train on potential short-falls found during exercises.

"We take a day and train on the issues that need to be worked on and to meet any other training objectives of the commanders," said Senior Master Sgt. Scott Acre.

The 8th FW trained on ability to survive and operate techniques during the Feb. 21 Wolf Warrior Day.

According to the 8th FW exercises and evaluations chief, Ability to Survive and Operate tactics are one of the wing's major areas for improvement because the enhanced chemical warfare concept of operations is more complicated. He explained that people in the past were used to putting on their masks until the entire base was declared chemical free. Here, the base uses split chemical warfare operations, which involves diving the base into chemical zones and sectors.

"If the base is attacked, everyone assumes [mission oriented protective posture level four]," Acre said. "When zones are determined to be free of contamination, the people in those zones return to MOPP level two. However, people need to be taught where and how to enter a contaminated zone. When people

leave a contaminated zone, they have to ensure they're free of contamination so it's not spread around the base."

Exercise and evaluation team members used this time, not to evaluate, but to teach, he said.

The two reasons people should take these training opportunities seriously are: first, the alternative method to train is another week-long exercise, which impacts on the wing's daily mission; the second, is we're in South Korea.

"With current world events, people should learn as much as they can and be prepared incase real world events occur," the EET chief said.

The Wolf Pack can prepare for the remaining two Wolf Warrior Days by knowing the training objectives. These objectives come from their commanders, but each individual chain of command can add to those objectives to ensure their people are prepared to face any required contingency.

Organizations also should teach newcomers to take these training days seriously. "About 10 percent of the population leaves every month," Acre said. "That means between February and the Operational Readiness Inspection in April there will be around 500 new people on base."

The importance of the buddy system was what stood out in Capt. Dede Halfhill's mind during the warrior day.

"Although people know the information and how to use the equipment, when you're donning gear quickly and having adrenaline going through your body, you might miss something," said the 8th Operations Support Squadron executive officer whose been here for two weeks. "Having someone to double check could be the difference between life and death."



Photo by Staff Sgt. Maritza Freeland

PLEASE WASH HANDS: Tech. Sgt. Bill Houth (foreground) and his MOPP buddy Airman 1st Class Trudy Vandever, 8th Fighter Wing, demonstrate how to properly wash their gloves in the event of chemical contamination during the Wolf Warrior Day Feb. 21.

Acre stressed that Wolf Warrior Days are not structured exercises, but a flexible tool to teach people as much as possible before the ORI evaluation team gets here. "Try to get as much training as you can," he said.

The remaining Wolf Warrior Days are currently scheduled for March 14 and March 25.



Photo by Staff Sgt. Chuck Walker

WOLF PACK ATTACHE: U.S. Ambassador to Korea Thomas Hubbard greets Senior Airman Jonathan Seclacek, Senior Airman Rodrick Atkins, and other members of the 35th Fighter Squadron and the 8th Aircraft Maintenance Squadron during his visit to Kunsan Feb. 21.

Air Force Assistance Fund "Commitment to Caring"

Now through May 9

☎ The Air Force Aid Society - www.afas.org

☎ The Air Force Enlisted Foundation - www.afenlist-edwidows.org

☎ The Air Force Village Indigent Widow's Fund - www.airforcevillages.com

☎ The General and Mrs. Curtis E. LeMay Foundation - www.info@lemayfoundation.org

Charities benefit active-duty, Reserve, Guard and retired Air Force people, surviving spouses, and families.

Eight Wolf Pack members receive Article 15s in Jan.

Eight members of the Wolf Pack received punishment under Article 15 of the Uniform Code of Military Justice in January.

A technical sergeant from the 8th Aircraft Maintenance Squadron received Article 15 punishment for unlawfully altering a public record, a violation of Article 134, UCMJ. The commander imposed punishment consisting of a reduction to the grade of staff sergeant, suspended for six months.

A senior airman from the 8th AMXS received Article 15 punishment for unlawfully altering a public record, a violation of Article 134, UCMJ. The commander imposed punishment consisting of reduction to the grade of airman first class, suspended for six months.

An airman first class from the 8th Maintenance Squadron received Article 15 punishment for the wrongful use of a provoking word and assaulting an NCO, violations of Articles 117 and 128, UCMJ. The commander imposed punishment consisting of reduction to the grade of airman, suspended reduction to the grade of airman basic for six months, and forfeiture of \$552 pay, suspended for six months.

A senior airman from the 8th Security Forces Squadron received Article 15 punishment for using disrespectful language toward an NCO, assaulting a Korean by punching her in the forearm, and drunk and disorderly conduct, violations of Articles 91, 128, and 134, UCMJ. The commander imposed punishment consisting of reduction to the grade of airman first class, restriction to base for 30 days and 30 days extra duty.

A senior airman from the 8th SFS received Article 15 punishment for using disrespectful language towards two NCOs, wrongfully

using a provoking word, and assaulting an airman, violations of Articles 91, 117, and 128, UCMJ. The commander imposed punishment consisting of reduction to the grade of airman first class, suspended for six months, restriction to base for 30 days and 30 days extra duty.

A senior airman from the 8th Communications Squadron received Article 15 punishment for using disrespectful language toward four NCOs, resisting apprehension, and drunk and disorderly conduct, violations of Articles 91, 95 and 134, UCMJ. The commander imposed punishment consisting of reduction to the grade of airman first class and restriction to base for 30 days.

An airman first class from the 8th Logistics Readiness Squadron received Article 15 punishment for willful destruction of military property, a violation of Article 108, UCMJ. The commander imposed punishment consisting of reduction to the grade of airman, suspended for six months, forfeiture of \$645 pay per month for two months, suspended for six months, 30 days extra duty and a reprimand.

An airman from the 8th Civil Engineer Squadron received Article 15 punishment for indecent exposure, drunk and disorderly conduct, and failure to obey a lawful order issued by an NCO by not producing his Air Force identification and refusing to verbally identify himself, violations of Articles 134 and 91, UCMJ. The commander imposed punishment consisting of reduction to the grade of airman basic, suspended for six months, forfeiture of \$50 pay per month for two months, restriction to base for 45 days, restriction from the Loring Club, extra duty and a reprimand.

— Courtesy of the 8th Fighter Wing Legal Office

Road to the...

OPERATIONAL READINESS INSPECTION

Editor's Note: This is the third in an eight part series discussing readiness topics which will appear each week until the Operation Readiness Inspection.

KNOW YOUR UXOS:

Bombs and Dispensers



Bomb A1



Bomb A2



Bomb A3



Bomb A4

Rockets and Missiles



Rocket Class B



Missile Class B



Rocket/Missiles B-2

Projectiles and Mortars

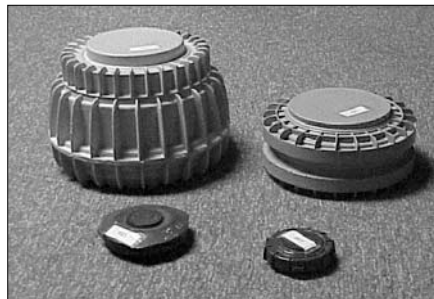


Mortar Class C

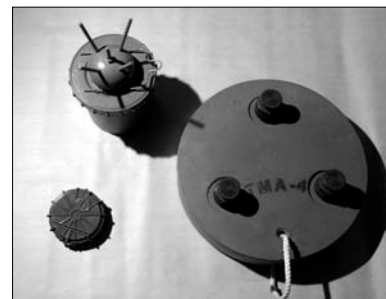


Projectile Class C

Landmines



Class D Landmines



Bomblets



Bomblets Class E



Bomblets Class E

Rocket Propelled Grenade



F1 Class RPG

UNEXPLODED ORDNANCE REPORTING

Identify: Stop moving. Look around. Identify the hazard(s) by observation only.

Mark: Take immediate action. Mark the area and evacuate others. Consider a minimum distance of 300 feet in all directions. Use protective measures to include evacuation, isolation and barricades. Evacuate the area around the UXO to a safe distance based upon local instructions and the size and the type of ordnance. When marking a UXO, use whatever material is available, but make sure the marker is visible from all directions in light and dark periods.

Report: Report the UXO to the unit control center or wing operations center by class and number or shape, color, size, etc.

Warning

☐ Do not try to remove anything that's on or near a UXO and never attempt to remove any part of one.

☐ Make all radio transmissions at least 25 meters away from a UXO hazard

☐ Evacuation of people and/or equipment may not be possible. When this happens, isolate either your assets [personnel, equipment, and operations] from the UXO or isolate the UXO from your assets. EOD will provide vital information through communication channels.

Wolf Pack honors living heroes

Korean War vets from all-black company reflect on history, diversity during return visit to ROK

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

Fifty years — the length of time elapsed since two Korean War-era soldiers assigned to an all-black company set foot on the Korean peninsula.

Honored guests David Clarke and retired Chief Warrant Officer 4 Cleveland Valrey, both members of the Army's 2nd Ranger Infantry Company, visited Kunsan last week to tell the Wolf Pack about life as African-American soldiers in Korea 50 years ago.

To become members of the elite airborne unit, soldiers had to volunteer four times; first they volunteered to join the Army, second they volunteered to become paratroopers, third they volunteered to become Rangers and fourth they volunteered for combat. All black Rangers were assigned to the 2nd Ranger Infantry Company.

"It took blood and guts to be in that unit," said Clarke who joined the Army at age 16 in Wisconsin. "We were dressed in shiny jump boots that always stood out and most of us were very proud. Plus we got an extra \$50 a month, which was a lot of money back in those days."

At the time, although training was integrated, many other military activities and facilities weren't.

"We went home to segregated barracks," said Clarke.

"We couldn't have a gathering like this one because there were black theaters and black chapels," added Valrey as he spoke to Wolf Pack members in

the base theater. "Everything was separate, it appeared that we weren't even from the same country," he said.

When Valrey joined the military in 1946, he was a member of the Army Air Corps. When the Army and Air Force separated their services, Valrey left the segregated Army Air Corps for the integrated Air Force. His desire to become an airborne ranger took him to the Army, which meant a return to segregation.

"I became an airborne ranger by following a dare," said Valrey. "The money was good, we wore a sharp uniform, and we felt invincible. We felt there wasn't anything we couldn't do."

During their time in Korea, the soldiers were part of the only all-black unit to make combat jumps. Clarke and Valrey spent many months marching across and engaging the enemy in mountainous terrain similar to that found in Kunsan and throughout Korea.

"Stepping off the plane was like stepping onto a different planet," said Clarke of his return trip to Korea.

"This is not the place I left 50 years ago."

The Korea of yesteryear was one of mud huts and very little infrastructure.

"This place amazes me," added Valrey. "The changes and progress ... there are bases and airports and a freeway system! We didn't have cities where we could go buy a blanket or enjoy a [drink], we only had each other ... the North Koreans and Chinese to keep us alert."

Clarke endured nearly eight months



Photo by Staff Sgt. Chuck Walker

WE WERE SOLDIERS: David Clarke (left) and retired Chief Warrant Officer 4 Cleveland Valrey, both former members of the Army's 2nd Ranger Infantry Company, visited Kunsan in honor of African-American Heritage Month. The airborne unit was an all-black company during the Korean War.

of front line duty and participated in five separate campaigns without ever being hit by enemy fire. He received numerous decorations and, after fulfilling his military commitment, took a federal service job from which he retired.

Valrey also received numerous decorations for his service in the Korean War. He continued his 30-plus year military career by attending flight school and serving two tours as a combat pilot in Vietnam. He is also one of only 100 people inducted in the Army Aviation Hall of Fame.

Army Staff Sgt. Anton Ruffin, 1-43rd Air Defense Artillery foxtrot battery thought the visit was an important reminder to soldiers today of the sacrifices of those who came before.

"When you hear about all about all the things those soldiers had to go through to get where we are today, all

the little gripes we have don't seem as important," he said of the veterans' visit. "Things can get monotonous, but their words were motivating and make me feel good about being a soldier."

Both Clarke and Valrey expressed their pride in today's military, and how happy they were to see fully integrated services.

"It wasn't too long ago that we were separated Army, Air Force; black, white; male, female," Valroy told the Wolf Pack. "Get rid of negativity. Think positive and continue good race relations between yourselves and your South Korean brothers and allies. There's a million-man army poised and ready in North Korea. If the balloon goes up, there's not going to be any distinction between the U.S. and South Korea."

PRIDE OF THE WOLF PACK

Job: 8th Fighter Wing Public Affairs

Duties: Gather and organize all information for the Wolf Pack Warrior. Layout pages, shoot photos, and write articles. Also help with community relations projects and escorting any media visiting the base.

Hometown: Denton, Texas.

Follow-on: Incirlik Air Base, Turkey.

Hobbies: Walking aimlessly around the base exchange, watching "Seventh Heaven," training to be the next ski ball world champion.

Favorite music: John Coltrane, Beck, Elliot Smith.

Last good movie you saw: "The Big Lebowski," "Ghost World," "Rushmore" or anything from David Lynch.

Best thing you've done at Kunsan: I visited Beijing during Christmas, which was amazing. Every time I leave the base, it's a new adventure. I enjoy every aspect of living abroad and absorbing the local culture.

"Senior Airman Svoboda's successful implementation of a front to back redesign of the entire paper, including the addition of four extra pages, has received rave reviews throughout the Air Force. His talents as a writer and a photographer recently earned two second-place awards in the 2002 PACAF Media Contest. His talents, dogged pursuit of off-duty education and his support of community programs make him a poster child for the Wolf Pack."



Senior Airman
Andrew Svoboda

Master Sgt. Mark Haviland
8th Fighter Wing Public Affairs

January / February Promotions

To Airman
8th Communications Squadron
Gwendolyn Hall

To Airman 1st Class
8th Security Forces Squadron
Brandon Massie
Joseph Shaun Reveal
Eric Scicluna
Nicole Sullivan

To Senior Airman
8th Aircraft Maintenance Squadron
Joseph Buchte
Michael Lyle
John Ross Robles
Christopher Ziemann

8th Civil Engineer Squadron
Matthew Armstrong

8th Communications Squadron
Joshua Guere

8th Maintenance Squadron
David Hager

8th Security Forces Squadron
Tameka Haskins

8th Logistics Readiness Squadron
Sylvia Cook
William Heyder
Daniel McPartlin
Andrew Mosley
Jeremy Teets

80th Fighter Squadron
Monique Harris

To Staff Sergeant
8th Maintenance Squadron
Russell Brenner
Valerie Butterfield
Christopher Edwards
Crystal McDermott
Frank Minor
Joseph Saunders

8th Aircraft Maintenance Squadron
Ronald Ballantine
Jody Burrows
Miguel Chavez
Brandon Dees
Orin Dexter
David Evans
Kenneth Hutchinson
Peter Holcomb
Demetrius Johnson
Johannes Lamprecht
Bobby Leonard
Peter Maselli
Donald Mosley
Luke Riva
Natalia Rivera
Travis Parks
Brian Ross
Matthew Szymanski
James Wilbert

8th Civil Engineer Squadron
Quincy Davis
Frank Pulice

8th Communications Squadron
Joe Ashton
Cory Cross
Benjamin Kuper
8th Logistics Readiness Squadron
Audrey Francis

8th Maintenance Operations Squadron
Christopher Case
Jeremy Whisman

8th Operations Support Squadron
Deshunta Terrell

8th Security Forces Squadron
Matthew Edds

To Technical Sergeant
8th Aircraft Maintenance Squadron
Frank Hutton

8th Maintenance Operations Squadron
Michael Cavanah

8th Logistics Readiness Squadron
David Thomas

8th Maintenance Squadron
Daniel Anderson
Byron Diltz
Charles Holcomb

8th Security Forces Squadron
John Savage

8th Services Squadron
John Wilson

To Master Sergeant
8th Maintenance Operations Squadron
Ruth Conley

8th Operation Support Squadron
Arleen Jancic

To Chief Master Sergeant
8th Medical Operations Squadron
Rodney Bright

Mardi Gras 2003 "FAT SATURDAY"

4 p.m. at the Loring Club

Free food — Music — Giveaways — Beads — Masks

In a wing with a reputation for being the “best of the best,” how does one airman stand out among all the others? Here’s how eight people at Kunsan spent 2002 ...

Leading the Pack



You might think that earning the title last March as the 2001 Air Force Outstanding Biomedical Equipment Repair Technician of the Year would have been good enough for Berberich, but that was just a starting point.

Since then, he’s cleared a backlog of 300 initial inspection work orders in less than two months, ached a College of American Pathologists

Airman of the Year **Senior Airman Joseph Berberich** **8th Medical Support Squadron**

inspection with zero discrepancies, and saved the 8th Medical Group about \$8,300.

Off duty, Berberich is just as active, serving as a member of the Airman’s Advisory Council, Air Force Sergeant’s Association, 8th MDG

Booster Club and 8th Fighter Wing Honor Guard.

His efforts netted the Air Force Outstanding Volunteer Service Medal and accolades as an 8th FW Airman of the Quarter and Honor Guard Member of the Quarter.

Amidst all the activity, Berberich still found time to complete upgrade training, 15 semester hours of college and 48 hours of instruction in telecommunications and fiber optics.

He also earned the PACAF X-Treme Fitness Award.

Supervisors said he “raised the bar in every arena.”



“As the squadron’s first-ever diamond wearing [first] shirt, Angie exceeded all expectations,” according to Maj. Ricky Milligan, 8th Maintenance Squadron commander.

As one of the units affected by the recent wing reorganization, the 8th MOS found itself with 114 troops from three different squadrons. According to Milligan,

First Sergeant of the Year **Master Sgt. Angie Maldonado** **8th Maintenance Operations Squadron**

Maldonado played a key role forming them into a cohesive squadron.

She did that by developing a series of “people” initiatives like weekly squadron newcomer briefings, compiling a squadron newsletter,

and working with the Unit Morale Awareness Council.

Her efforts have also been felt throughout the Wolf Pack. As the base focal point for Airman Leadership School, she coordinates eligibility and class dates for all

8th FW airmen.

She also served as treasurer for the Kunsan Top 3 and as vice president of the First Sergeants’ Council. She is an active member of the Air Force Sergeants’ Association.

Off duty, Maldonado helped with a variety of fund raising and morale activities.

She also completed two associate’s degrees.

His commander describes him as “the most prolific NCO assigned” and as a “power-packed performer.”

Polley wasted no time impacting his work center here at Kunsan. Not only did he knock out five air traffic control certification in just over half the time allotted, he also revamped the section’s work schedule and went to work on the training program.

NCO of the Year **Tech. Sgt. Michael Polley** **8th Operations Support Squadron**

Since then, he’s developed more than 22 computer-based certification tests, implemented monthly proficiency exams and developed an orientation program to expose controllers to the flying squadrons they support.

Along the way, Polley managed 24,500 flight operations and equipment worth \$3 million.

Inspectors singled out his outstanding performance during the Air Force Air Traffic Systems Evaluation

Inspection, which revealed that the section’s deficiencies had been reduced by 45 percent.

Off duty, Polley completed his bachelor’s degree with a 3.7 grade point average and recognition on the Dean’s List.

He’s also an active supporter of area orphanages.



SNCO of the Year **Master Sgt. Paula Jackson** **8th Logistics Readiness Squadron**

According to Maj. Richard Nelson, 8th Supply Squadron commander, Jackson is a “world-class performer” who was challenged at Kunsan with 31 troops, 26 stockrooms and an inventory worth \$132 million.

The former superintendent of the material storage and distribution responded by implementing a monthly recognition program for her

troops, improving inventory controls and nailing an “excellent” rating during the Unit Compliance Inspection.

Her duty performance led to a by-name request to augment the Headquarters, Pacific Air Forces Inspector

General team during inspections of two other bases.

Along the way, she also picked up recognition as the 8th FW SNCO of the Quarter for January to March 2002.

Off duty, Jackson served as president of the Kunsan

Top 3, organized an enlisted career seminar for 33 junior enlisted troops, and completed her associate’s degree -- with a 4.0 grade point average.

Jackson also volunteered time with a Catholic outreach program and helped at a local orphanage and home for the elderly.



CGO of the Year **Capt. Andrea Vinyard** **8th Medical Support Squadron**

Administrator of the Year Award, the PACAF Small Medical Logistics Account of the Year Award, and selection as a Wolf Pack CGO of the Quarter.

Her leadership also led to her section gathering two

wing quarterly awards and the Airman of the Year award.

While in Europe, she directly supported Operation Enduring Freedom by deploying more than 25 short tons of supplies to the first medics on the ground, and deploying

and redeploying at 271-bed expansion project — the largest of its kind in the Air Force.

At Kunsan, she justified more than \$500,000 in end-of-year funds and obligated more than \$3.6 million for medical facility renovation projects.

She teaches English in the community and helps at local orphanage trips.



Described as a “master instructor” and a “role model for all,” the 8th Civil Engineer Squadron’s high-voltage power generating equipment mechanic is one of the main reasons why the base’s seven aircraft arresting systems are now 100 percent operational. Throughout the year, his efforts directly supported 13,372 aircraft sorties flown by the 8th Fighter

Civilian of the Year *(Trades/Crafts/Laborer)* **Mr. Yuk, I Nam** **8th Civil Engineer Squadron**

Wing and Republic of Korea fighter squadrons.

When he wasn’t directly supporting the barriers, he conducted generator maintenance classes for 8th CES

personnel that cut six hours off of maintenance time.

He also directly supported scheduled base-wide power outages by maintaining 50 generators at key facilities.

Civilian of the Year *(Manager/Supervisor)* **Ms. Yi, Ch’un Ae** **8th Comptroller Flight**

“Work smart and hard.” is her mantra according to Maj. Joseph Baca, chief of the wing’s comptroller flight, who describes her efficiency as “inspiring”

Throughout the year, Yi, who celebrated 20 years of Air Force service in 2002, managed the 8th Civil Engineer Squadron’s \$27 million and the wing’s \$9.5 million civilian personnel budg-

ets. As if that wasn’t enough, the budget analyst’s effort were also felt throughout the wing.

For starters, she managed to secure internal funding for

structure repairs following Typhoon Rusa, and a base sidewalk project — just to name a few.

When not at work, Yi is busy organizing Kunsan City walks and personalized tours for her coworkers. She also supports an adopted family and helps raise money for the Kae Chong Orphanage.

12 computerized CLEP testing stations that should be online by October 2003.

She also identified money for security forces radios, a base ATM project, roof and



Civilian of the Year *(Administrative/Technical)* **Ms. Kim, Chin Ae** **8th Civil Engineer Squadron**

The 8th Civil Engineer Squadron budget assistant earned praise during the 2002 Unit Compliance Inspection for providing “exceptional financial control” and “flawless accounting.”

Kim is responsible for the unit’s Government Purchase Card, which accounts for about \$1.5 million in annual transactions. She’s also described as “critical” to the

management of the unit’s \$27 million budget, according to Lt. Col. Jose Mata, 8th CES commander.

Throughout the year, she teamed with counterparts to

obligate \$5 million for the Fix Korea Infrastructure Program, \$2 million for the Airfield Obstruction Removal Program and \$500,000 for design programs. She’s the

“key to execution of the Red Devil engineering program,” and according to Mata, 90 percent of the unit’s design and construction funding documents start with Kim.

Outside of the unit, Kim teaches English at the Kaebok Dong church. She also volunteers time and financial support to the Il Maek Orphanage.



His efforts allowed the base’s \$1 million electrical upgrade project to continue on schedule.

He regularly sponsors US-Korean fishing trips, tours and traditional dinners for unit personnel, and represents his Korean coworkers as a union representative. He is an active volunteer in his church and community.

Not Pictured

Staff Sgt. Roscoe Youngblood
8th Maintenance Squadron
Honor Guard Member of the Year

Information compiled from individual award packages.
Design and layout by Master Sgt. Mark Haviland
Official photos provided by the 8th Communications Squadron’s Visual Information Services
Master Sgt. Jackson’s photo is a courtesy photo.



Today

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 a.m. and 6:30 p.m. The bus returns to base at 5 and 10:30 p.m. Tickets are \$10/\$9* one way and \$20/\$18* round trip. For more information, call 782-5213. **Special Consideration for Airmen's Morale program.*

Free food The Loring Club offers club members free baked chicken from 6 to 9 p.m. in the ballroom. For more information, call 782-4312 or 782-4575.

Karaoke Display your talent or cheer on others from 8 p.m. to midnight at the Falcon Community Center.

Howlin' Bowl Bowling is \$8 per person or \$35 per lane 7 p.m. to 1 a.m. at the Yellow Sea Bowling Center.

SonLight Inn meal The 8th Maintenance Squadron hosts a free meal at 6 p.m. The meal includes chili, baked potatoes, corn bread, salad and desert.

Saturday

Women's History The Rosenblum Library hosts a Women's History Month display from 9:30 a.m. to 9:30 p.m. until March 31. For more information, call 782-5469.

Mardi Gras The Loring Club hosts a Mardi Gras party at 4 p.m. For more information, call 782-4312 or 782-4575.

9 pin tournament The Yellow Sea Bowling Center has a 9 pin tournament at 6 p.m. The entry fee is \$13. For more information, call 782-4608.

Prime and Wine special The Loring Club offers a 12 ounce "Kun" cut and a 16 ounce "Wolf" cut prime rib dinner from 6 to 9 p.m. For more information, call 782-4312 or 782-4575.

Country night The Loring Club's country night offers dancing beginning at 8 p.m. in the ballroom.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 p.m. and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 and 10 a.m. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

Sunday

Brunch Extravaganza The Loring Club offers entrees and side dishes for Sunday brunch from 10:30 a.m. to 1 p.m. Price is \$11.95 per person for club members.

B-I-N-G-O The Loring Club hosts bingo at 2 p.m. The early bird bingo game begins at 1:45 p.m.

Rent-A-Lane Rent a lane at Yellow Sea Bowling Alley from 11 a.m. to 1 p.m. Cost is \$6 per hour. For more information, 782-4608.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and noon. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 p.m. and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

Monday

Free shoe rental Every Monday is free shoe rental day at the Yellow Sea Bowling Center. For more information, call 782-4608.

9-ball pool tournament The Loring Club hosts at pool tournament at 7 p.m. For more information, call 782-4312 or 782-4575.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. The bus returns to base at 5 p.m. Tickets are \$10 one way and \$20

Destination:
Taedunsan (Mt. Taedun) Provincial Park



Courtesy photo

Why: There are a variety of things to see and the scenic views, the strangely shaped rocks in almost every corner of the valleys would be examples. The mountain houses an 80 meter high bridge, and people can see faraway the West Sea and when the sky is clear.

Where: Mt. Taedun is located in Taedunsan Provincial Park.

When: A bus leaves the community center at 8 a.m. and returns at 6 p.m.

How: Sign up at the community center by Thursday for the March 9 trip. The cost is \$20 per person and \$16 for S.C.A.M.

For more information, call the community center at 782-4679 or 782-4619.

Source: <http://france.attic.co.kr>

round trip.

Tuesday

Sumo wrestling The Loring Club offers sumo wrestling beginning at 8 p.m. For more information, call 782-4312 or 782-4575.

Wolf Pack Wheels Departs Kunsan for Yongsan at 7:30 a.m. The bus returns to base at 3 p.m. Tickets are \$15 one way and \$30 round trip.

Wednesday

8-ball pool tournament Test out your pool playing skills at the 8-ball pool tournament at 7 p.m. at the Loring Club. For more information, call 782-4312 or 782-4575.

Free food The Loring Club offers club

members free super subs from 6 to 9 p.m. in the ballroom.

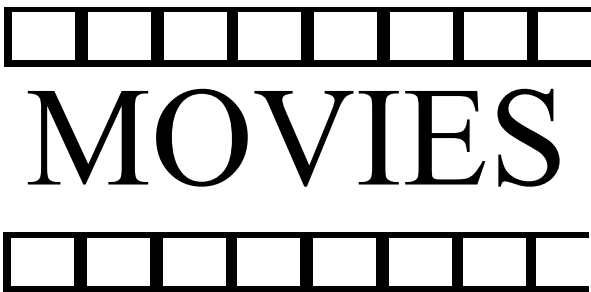
Karaoke Display your talent or cheer on others from 8 p.m. to midnight at the Falcon Community Center.

Thursday

Steak night The Loring Club has two-for-one steak from 5:30 to 8:30 p.m.

Ladies night Ladies bowl for free all night at the Yellow Sea Bowling Center. For more information, call 782-4608.

Submit your events for 7-Days by sending an e-mail to wolfpackwarrior@kunsan.af.mil. Submissions must include the time, date, place, point of contact and a phone number.



Saturday & Sunday Matinee

"The Hot Chick" (PG-13) Starring Rob Schneider and Rachel McAdams at 3 p.m.

Saturday

"Kangaroo Jack" (PG) at 7 and 9:30 p.m.

Sunday

"Eight Crazy Nights" (PG-13) Starring Adam Sandler at 7 and 9:30 p.m.

Monday

"Eight Crazy Nights" (PG-13) 8 p.m.

Tuesday

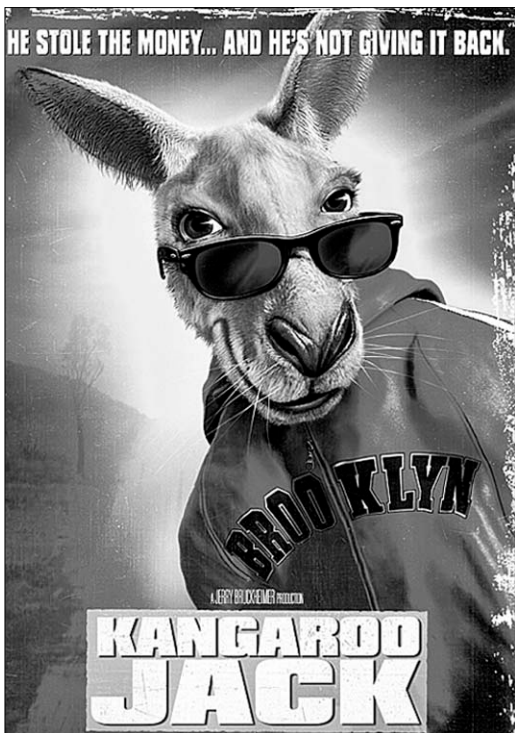
"Solaris" (PG-13) Starring George Clooney and Natascha McElhone at 8 p.m.

Wednesday

"Solaris" (PG-13) 8 p.m.

Thursday

"Biker Boyz" (PG-13) Starring Laurence Fishburne and Tyson Beckford at 8 p.m.



Tonight

"Kangaroo Jack" (PG)
Starring Jerry O'Connell and Anthony Anderson. 7 and 9:30 p.m.
For more information, call the theater at 782-4987.

Cyber Cafe
Coffee Shop

The Cyber Cafe Coffee Shop hours have changed. The new hours are:
Monday - Closed
Tuesday to Friday - 7 a.m. to 7 p.m.
Saturday to Sunday - 9 a.m. to 6 p.m.
For more information, call Yvonne Couch, combined activity manager, at 782-4415.

Gospel
Extravaganza

7:30 p.m. today at the chapel.

This event is sponsored by the
African-American Committee.

Education

Conversational Korean class A free six-week conversational Korean class is offered Tuesdays and Thursdays. Students learn to speak and read basic phrases two nights a week from 6 to 7 p.m. at building 1305. If interested, e-mail Rosemary Song at SongAe.Song@kunsan.af.mil

OTS application acceptance Officer Training School will only accept applications from individuals with technical degrees through October 2003, unless an individual is seeking a rated position. Call the Education Center at 782-5148 to find out what degrees qualify.

Troop-to-Teachers Troops-to-Teachers provides referral assistance and placement services to military personnel interested in beginning a second career in public education as a teacher. The DANTES Troops-to-Teachers office helps applicants identify teacher certification requirements, programs leading to certification and employment opportunities. The office's new Web site is www.jobs2teach.doded.mil.

Commissioning counseling The education office offers commissioning counseling for airmen considering pursuing a commission. For an appointment, call 782-5148.

CLEP/DANTES The education center offers CLEP/DANTES testing 8 a.m. Mondays and Fridays, and 8 a.m. and 1 p.m. Wednesdays. Call 782-5148 for an appointment. The Rosenblum Library offers a variety of CLEP and DANTES study material for loan. The library is open 9:30 a.m. to 9:30 p.m. daily.

CDC testing Career Development Course testing is 9 a.m. Thursdays in building 1053, room 3. Unit training managers must make appointments for testing.

FSC

Sponsorship Training Family Support Center gives sponsors the tools to help make new members' transition to Kunsan an easy one. Training is 10 a.m. to 11 a.m. every third Wednesday at the Sonlight Inn. Registration required, call 782-5644.

Family reunion The Family Support Center hosts a family reunion briefing 3:30 p.m. Tuesdays at the base theater. The briefing addresses the challenges of returning home after a separation.

Smooth Move A briefing to answer questions about permanent-change-of-station moves is 1 to 2:30 p.m. Wednesdays at SonLight Inn. Legal, finance, housing, and medical experts provide information. Registration required, call 782-5644.

Survival Korean Language Class Two-hour class teaches students how to read and write the Korean alphabet and also includes basic travel expressions. Class is 5 p.m. Monday. Registration required, 782-5644.

Volunteer Opportunities

Women's History Month The Women's History Month Committee is looking for volunteers to plan events. This year's theme is "Women Pioneering the Future." For more information, contact Staff Sgt. Lynetta Williams 782-4053.

CISM peer counselors The Life Skills support clinic seeks volunteers interested in becoming critical incident stress management counselors. Counselors receive training. For more information, call Capt. Robert Vanecek at 782-4562.

Korean orphanage The military equal opportunity office seeks volunteers to help at the local Kae Chong Orphanage on a weekly basis. On Thursdays, Wolf Pack personnel spend some time with about 40 children. A bus departs at 6:30 p.m. There is an English session and snack time. If interested in volunteering about two hours, call Tech. Sgt. David Madsen at 782-5371.

Commissary bagging Base members can volunteer to sack groceries from 11:30 a.m. to 6:30 p.m. on weekends for tips. Sign up at the commissary.

Chapel

Protestant services General Protestant Worship Service is 11 a.m. Sundays and the Contemporary Praise and Worship Service/bible study is 7 p.m. Wednesdays. Both services are conducted in the base chapel. For information about any chapel services, call 782-4300.

Gospel Gospel services are 12:30 p.m. Sundays and the Inspirational Praise and Worship Service is 7:30 p.m. Fridays at the base chapel.

LDS Services are 3 p.m. Sundays at the base chapel.

Church of Christ Services are 9:30 a.m. Sundays at the Sonlight Inn, room 1.

Catholic services Mass is 5:30 p.m. Saturdays, 9 a.m. Sundays and 11:30 a.m. Monday through Thursday at the base chapel. Catholic Reconciliation is by appointment Monday thru Thursday and 4:30 to 5 p.m. Saturdays. R.C.I.A. is 7 p.m. Wednesdays in the chapel conference room. An "Overview of the Scriptures" is 7 p.m. Thursdays in the chapel conference room.

SonLight Inn hours The Sonlight Inn is open 6 p.m. to 10 p.m. Mondays thru Thursdays, 6 p.m. to midnight Fridays, 8 a.m. to midnight Saturdays and 8 a.m. to 10 p.m. Sundays. For more information, call 782-5466.

Prayer & Bible studies The base chapel hosts several prayer and Bible study groups at the chapel and Sonlight Inn. Groups include:



Photo by Capt. Alisen Iversen

HITTIN' THE BOOKS: Senior Airman J Matlock, 8th Communications Squadron, reviews a Korean lesson with Kyang, Sim, a Korean language instructor. Free classes teach students how to read and speak basic Korean words and phrases. Classes are Tuesdays and Thursdays at 6 to 7 p.m. at building 1305. For more information, call Rosemary Song at 782-5194.

☐ Adult Sunday School, 9:30 a.m. Sundays, SLI room 3.

☐ Basic Christian Training, 9:30 a.m. Sundays at the SLI, room 3.

☐ Korean-American Bible Study, 7:30 p.m. Mondays at the SLI, room 1.

☐ Women's Fellowship, 7 p.m. Tuesdays at the SLI, room 2 and every third Thursday.

☐ Mid-Week Spiritual Boost, 12:15 p.m. Wednesdays at the chapel.

☐ Intercessory Prayer, 8:30 p.m. Saturdays at the SLI, room 2.

Miscellaneous

Wing promotion ceremony This month's ceremony is 4 p.m. today at the Loring Club. Promotees need to be in place with new stripe sewn on no later than 2 p.m.

Legal accepts applications Applications for the Funded Legal Education Program, a paid legal studies program for active-duty Air Force officers, are being accepted until Saturday. For more information and an application, call Maj. Lynnette Pratzner at DSN 224-5941.

Munitions inventory The 8th Maintenance Squadron Munitions flight closes for its semi-annual inventory Monday to March 7. During this time, only emergency

issues approved by the 8th Maintenance Group commander or equivalent will be processed. Organizations requiring munitions during this time frame must coordinate with munitions operations as soon as possible. For more information, call 782-4377.

March birthday meal The O'Malley Inn dining facility offers a special meal for people with March birthdays March 9. Sign up no later than March 7.

DMS training offered Defense Messaging System two-day training course for workgroup managers is offered through March 14. To reserve a seat, call 782-5608.

Tax assistance The legal office offers tax assistance for military and civil service employees beginning Tuesday. Schedule an appointment by calling Staff Sgt. Michele Deaner at 782-1829.

Off-base driving The 8th Logistics Readiness Squadron administers licenses for driving off base. E-6 and above are authorized to own a private vehicle and drive off-base and E-5 and below may rent cars and drive off-base. All ranks are authorized to operate government vehicles off base for official duties. For more information about an off-base license, call Senior Airman Shelly Falls at 782-6014.

Submit your events for Bulletins by sending an e-mail to wolfpackwarrior@kunsan.af.mil.

FREE CLASSIFIEDS

To submit an item for Free Classifieds, send an e-mail to wolfpackwarrior@kunsan.af.mil with "classifieds" and the category (Wanted, For Sale or Lost & Found) in the subject block. All submissions must contain member's rank, name and phone number and must originate from the member's e-mail account. No "personal" ads will be accepted. Deadline for submissions is noon Friday a week prior to desired printing. For more information, call 782-4705.

For Sale

Chevy Silverado 1993, fully loaded with a 5.7 liter/350 engine, step side, blue and gold paint, tool box and more. First \$3,000 takes it, and the title. Call Master Sgt. Phil Hindall at 782-7397 (work)

Cell phone Decore cell phone with battery charger, extra battery and instruction book. Buy before March

25 and receive 50 minutes free, a value of \$17. The price is \$60. Call Steven Peele at 782-4508 (work).

Air conditioner Carrier upright (Korean) air conditioner. Like new \$500. Various Korean oscillating fans \$5-\$20. Call Steven Peele at 782-4508 (work) or 463-7473 (home).

Scanner Epson Perfection 636U Flat-Bed Scanner. Perfect condition, all original software and packaging included. Works with Windows 98, ME, 2000, and XP. \$99. Call Mr. Larry Campos at 782-5403.

McMillan PFE Like new "McMillan" multiple-choice PFE study guide. Over 2,400 questions. 50 percent off AAFES price. Call Master Sgt. Moreno at 782-8342.

Laptop A Dell laptop, includes a carrying case and two batteries. \$500 OBO. Call Airman 1st Class Ruby Salvino at 782-5945 before 5 p.m. or 782-9164 after 5:30 p.m.

Speakers Klipsch KM-6 black vinyl finish floor standing speakers. \$250 OBO for the set. Specs: Two 10 inch woofers and 3 inch tweeter. Excellent sounds and condition. Call Staff Sgt. Myers at 782-9197 (home) or 782-6840 at (work).

Video Games Tom Clancy's Ghost Recon and Desert Siege- \$25, Command & Conquer: Renegade-

\$25, Mech Warrior 3 w/Pirate's Moon- \$10, Tom Clancy's Rainbow Six- \$10, Half-Life Platinum Collection- \$25, Beyond Atlantis- \$10, or all for - \$90. All bought at base exchange; played only once and selling for half price. Call Tech. Sgt. Larry Chagnon at 782-5550 (work) or 782-9873 (home).

Nintendo Game Cube With controller, two extra large memory cards and NCAA Football. All for \$175. Call Tech. Sgt. Maurer 782-4555 or 782-9235.

Computer With keyboard, mouse, and software for sale. AMD Processor, 127MB RAM, 56X disc drive, Windows ME. Fully upgradeable. \$600 Call Tech. Sgt. Jenny Nicholson at 782-8438 (home).

RC New Beetle Over 2 feet long, red, working head and tail lights, sounds, three speeds, doors, trunk, and hood all open to detailed interiors, rechargeable batteries, \$130 new, asking \$60. Call Master Sgt. Karl Batig at 782-7338 (evenings).

Wanted

Keyboard instructor Looking for a qualified instructor to teach keyboard. If interested, call Mr. Yi at 782-4619.

Bass player for rock band Looking for someone interested in playing classic rock and 80's and 90's rock. We already have a P.A. system. If interested, contact Tech. Sgt. Mark Butler at 782-7588(home) or 782-4784(work) or Staff Sgt. Thomas Smith at 782-5474(work) or 782-9597(home).

Donations Old clothes, electronics, unwanted items Donate clothes, electronics and household goods before you PCS. Call Master Sgt. Larry Kirkpatrick at 782-9178 or bring items to building 1245, first floor.

MXS sends COMM-B a message

45-31 victory marks eighth consecutive win for maintenance team

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

The 8th Maintenance Squadron is rollin' eight deep. That's right, their 45-31 victory over the 8th Communication Squadron B-Team Tuesday was the team's eighth consecutive win.

MXS players Shontay Young, James Bell and Mike Valicento each scored 13 points for their team, however it was Jason Wescott from the COMM-B squad who led the game in scoring with 15 points.

The COMM-B team, comprised of players from both the COMM squadron and the finance flight, may have been formed "to have a good time" as coach Preston Perkins said before the game, but that doesn't mean they play any less aggressively.

COMM-B stayed within five most of the first half. Michael Haney, who scored 11 points for his team, generated points early on with positive three-point shooting and Jason Haynes and Matt Smith stuck to the boards to defend the middle.

As the 10-minute mark ticked by, the score began to tip in favor of the maintainers. Missed three point attempts and fouls from COMM caused turnovers, allowing MXS to increase their lead.

Valicento, who joined MXS only two weeks ago, summed up his team's victorious vibe as he sank a three pointer at the buzzer, giving his team a 28-12 lead at the half.

As COMM-B's coach foretold before the game, his team's strong point is hustle, and this became evident as the team earned itself the title 'Tenacious C' in the second half.

With the MXS lead steadily increasing, COMM-B maintained their intensity. MXS nearly converted two consecutive steals to points, but after losing the ball, Perkins doubled back to reject Young, preventing MXS from an instant replay.

Late in the second half with MXS up 40-20, COMM-B called a timeout. Bell returned from the timeout with a steal, which he slammed, a gesture that seemed to seal the fate of the COMM-B team.

"We haven't had a lot of wins, but we've had a lot of fun," said Perkins of



Photos by Senior Airman Andrew Svoboda

ALMOST THERE: Jason Wescott, 8th Communications Squadron B-team, shoots as Curtis McClean defends the goal for the 8th Maintenance Squadron. 8th MXS defeated COMM-B 45-31.

the COMM-B team, which lost six of its eight original players in the past week. "[Jason] Wescott had a good drive and [Jason] Haynes and [Michael] Haney were playing the boards and getting rebounds. We're strong on hustling, and we've kept up with most of the teams we've played."

Damian Washington, MXS coach, says teamwork is the reason for his team's success.

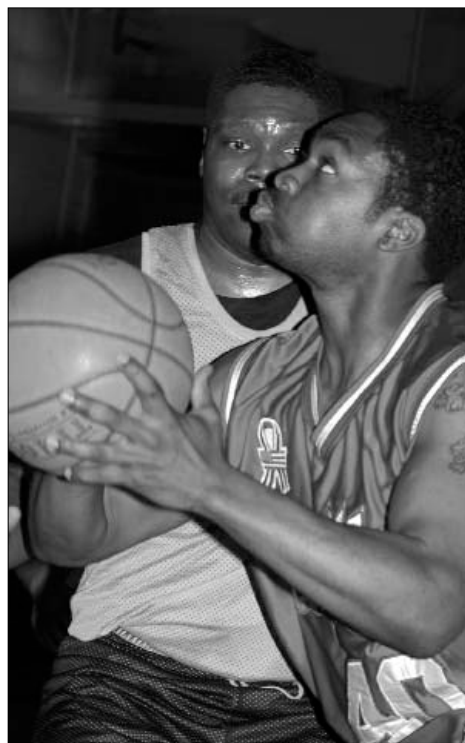
"Continuity and getting to know each other has played a big role in our success," said Washington.

"We've got a strong inside game, good defense and the games we did lose, we didn't lose big," added MXS player Sean Harris.

Despite the team's shaky start, MXS' late season resurgence puts the maintainers in position as a wildcard for the quick-approaching play-offs.

"We can work on our perimeter shooting and free-throws," said Washington. "Our defense also started to break down, and they started getting to the hole when they wanted to tonight."

"We've got team unity. We've been winning games. And we haven't stopped yet," he added.



LOOKIN' TO SCORE: Christopher Craig, 8th MXS, prepares to shoot. This was the eighth consecutive win for the MXS squad.

SPORTS SHORTS

5K poker run/walk

The fitness center hosts a 5K run 10 a.m. March 10. Participants stop at five stations, draw a card and see who has the best hand at the end of the run. Sign up in advance at the fitness center.

St. Patrick's Day 10K bike race

The fitness center hosts a 10K bike race at 10 a.m. March 16. Sign up in advance at the fitness center.

Air Force women's soccer

Anyone interested in trying out for the Air Force women's soccer team needs to submit an Air Force Form 303 to the fitness center by Thursday. For more information, call the fitness center at 782-4026.

Air Force Tae Kwon Do

Anyone interested in trying out for the Air Force Tae Kwon Do team needs to submit an Air Force Form 303 to the fitness center by March 15. For more information, call the fitness center at 782-4026.



Courtesy Photos

Missileer races to olympics

First Lt. Kevin Eastler, a missileer in the 400th Missile Squadron at F.E. Warren Air Force Base, Wyo., is one of 20 Air Force athletes selected for the World Class Athlete Program. Eastler is an aspiring Olympic race-walker and structures his training around missile alert duty, averaging up to 60 miles per week.

Volleyball players wanted

Men and women interested in playing varsity volleyball for the Wolf Pack contact Staff Sgt. Jesse Hernandez at 782-7043 or Staff Sgt. Larry Leblanc, 782-6014, or by email.

Bowling 9-pin tournament

The Yellow Sea Bowling Center hosts a 9-pin tournament 6:30 p.m. Saturday.

Martial Arts Classes

Budo Taijutsu/Ninjutsu

Noon Sat. and Sun. - FREE

Taekweon-Do

8 - 9 p.m. Mon. - Thu.

Kuk Sool Hapkido

7 a.m. and 7 p.m. Mon. - Fri.

Tang Soo Do

6 a.m. and 7 p.m. Mon. - Fri.

Aerobics Classes

Monday

5:30 a.m. - Aerobics
5:45 p.m. - 15-minute Abs
6 p.m. - Step Challenge

Tuesday

5:30 a.m. - Aerobics
6 p.m. - Step Challenge

Wednesday

5:30 a.m. - Aerobics
5:45 p.m. - 15-Minute Abs
6 p.m. - Kickbox

Thursday

5:30 a.m. - Aerobics
6 p.m. - Step Hi/Lo

Friday

5:30 p.m. - Aerobics
6 a.m. - Bootcamp

Saturday

10 a.m. - Step Mountain
11 a.m. - 15-minute Abs

PACAF - FIT TO FIGHT

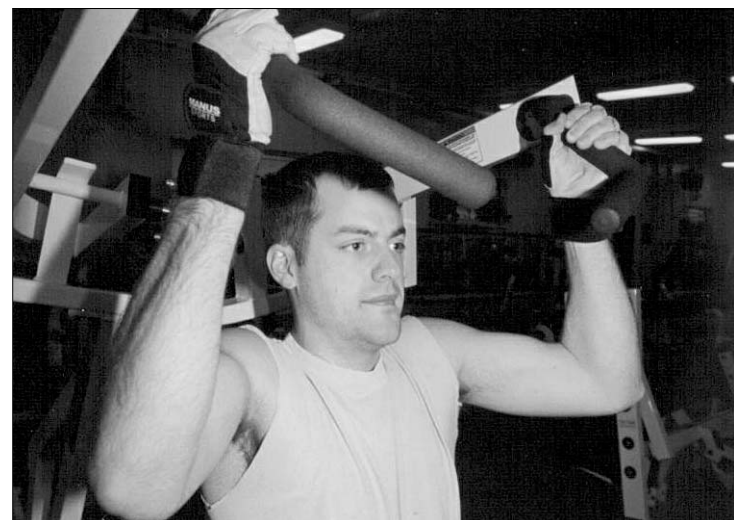


Photo by Senior Airman Andrew Svoboda

STATE OF THE ART: Jon Swearengen, 8th Aircraft Maintenance Squadron, uses the new lat pulldown machine at the gym. This is one of nearly 40 new machines the fitness center recently purchased. Other new equipment includes treadmills, cross-trainers, cybex machines and free-weights.

Playing contact sports?

□ The Kunsan Preventive Dentistry Committee recommends participants playing in high contact sports including baseball, basketball and soccer, obtain and wear properly fitting mouth guards.

For more information, call the dental flight at 782-4943.

SCORES & MORE

BOWLING

American League		
	W	L
Red Devils	103	49
SUPS A	94	58
Fabrication	94	58
Med Dawgs	92	60
COMM A	82	70
8 MOS	77	75
SVS	76	76
Munitions 2	76	76
35 AMF	72	80
TRANS	70	82
COMM B	70	82
OSS A	68	84
80 AMF	64	88
Gatekeepers	64	88
SFS	64	88
Army	8	144

National League		
	W	L
Kwang Ju	90	54
Bad Ammo	89	55
Big Green Truck	86	58
Avionics	85	59
PMEL	81	63
Fuel Shop	76	68
Jack Stogies	74	70
CPTF	72	72
OSS	70	74
80 AMF B	70	74
Wing Dings	67	77
MDG B	64	80
Munsons	64	80
QA Buzzards	62	82
MDG C	54	90
Post Office	36	108

INTRAMURAL BASKETBALL

	W	L
CES A	11	2
Dirty Birds	11	3
COMM A	11	3
MDG	11	3
OSS	10	4
SFS A	10	4
Army	9	4
MXS	9	4
MSS	9	6
CES B	7	7
SFS B	5	9
MXO	4	9
AMMO	3	10
LRS	3	11
COMM B	2	11

OVER-30 BASKETBALL

	W	L
MDG	10	3
MXS	9	3
KUN DAWGS	8	2
CES	6	6
EAGLES	6	6
COMM	5	6
W. Varsity	1	10

Notice

There is a scheduled water outage at the fitness center Saturday

Spin Doctors: Fitness Center, HAWC team up for new aerobic program

By Senior Airman Andrew Svoboda
8th Fighter Wing Public Affairs

The Wolf Pack is rolling into the future of fitness with the recent addition of a new aerobic workout program.

“Spinning,” an indoor group cycling class, offers participants an alternative to the standard cardio workout as participants take a 45-minute virtual bike-ride.

Similar to an aerobics class, riders pedal to the beat of up tempo music as an instructor guides the class “long distances and up steep climbs.”

“This class offers a high intensity aerobic workout, but it’s designed for people of all fitness levels,” said Tech. Sgt. Charles Marshall, 8th Services Squadron fitness director and a certified spinning instructor.

Every class is set at the beginner level, and riders increase the workload by altering the resistance on the bike.

“Each class rides at their own pace,” said Marshall. “I tell everyone before beginning that they should sit down and rest any time they need to. Each rider sets their own pace.”

Besides providing a way for cyclists to continue training during the winter months, the spinning class offers effective training for passing the Air Force’s cycle ergometry test.

“Since the Air Force uses bikes to measure a cardio workout, they picked up the spinning program as another way

for members to stay in shape,” said Marshall.

“In fact, the class is now a part of the monitored fitness improvement program,” added Joel Richardson, an exercise physiologist at the Health and Wellness Center.

Although new to Kunsan, the spinning program has been offered throughout the Air Force for a number of years. Marshall first saw the class offered in 1999 at Aviano Air Base, Italy, and was one of the programs offered at Altus Air Force Base, Okla., his previous base, for three years.

“I don’t usually do cardio, usually concentrate more on weightlifting, but this is a competitive and interesting way to be involved and work up a good sweat,” said Richardson, former manager at a private gym. “This is right in line with what’s taught in the rest of the industry.”

Joe Plummer, 8th Operations Support Squadron, doesn’t have a steady workout routine, but has attended a few spinning classes here.

“I don’t get out of breath, but it’s pretty tough on your legs,” he said.

Phil Morgan, 8th Maintenance Squadron, saw the bikes and also decided to give the class a try.

“I’ve never passed a bike test, so hopefully this class will help get me to pass,” he said.

Members of both the fitness center and the HAWC collaborated to get the



Photo by Senior Airman Andrew Svoboda

FEEL THE BURN: Phil Morgan, 8th Maintenance Squadron, participates in Kunsan’s new spinning program. The classes are offered at the fitness center and the Health and Wellness Center.

program online and offer classes at both facilities.

“The new fitness center is going to be co-located with the new HAWC, but we didn’t want to wait to begin working on fitness programs together,” said Richardson. “This class is the beginning of our combined efforts.”

Getting Ready to Roll

To avoid overexertion and possible injury, the American Council on Exercise recommends that participants in indoor cycling programs either be in very good cardiovascular condition or have the discipline to go at their own pace — even when the instructor is chanting “faster, faster” and the music is peaking to a crescendo. Additionally, they offer these tips to help make your first group cycling experience a positive one:

❑ Dress for success

Don’t make the mistake of

showing up in your usual boxers or running shorts. Opt for bike shorts, preferably padded.

❑ Don’t forget your water

Bring a full water bottle and be prepared to consume plenty of fluids throughout class.

❑ Make the proper adjustments

Before class begins, have the instructor help you adjust your seat to the appropriate

height. If the seat is too low, you won’t be able to get enough leg extension on the downstroke. If it’s too high, you’ll be straining to reach and might injure yourself. Here’s a good rule to follow: your upstroke knee should never exceed hip level, while your downstroke knee should be about 85 percent straight.

❑ Relax your grip

Don’t grip the handlebars too tightly, since this will

increase the tension in your neck and shoulders.

❑ Exercise at your own pace

Don’t be intimidated by the high speeds and furious intensity of your cycling mates. Listen to your body and adjust the tension and speed accordingly, and don’t be afraid to sit back and take a break when necessary.

— Courtesy of The American Council on Exercise



FUN RUN: James Holko, (left) 8th Security Forces Squadron, finished first at 19:03 in Saturday’s 5K run. (Below) Carlos Natal, 8th Maintenance Squadron, stretches before the race. Natal finished third with 28:09. Robin Fontenot finished second with 20:03.



Photos by Senior Airman Andrew Svoboda

Moving Soon?

Remember your B.A.C.K. when you lift!

B: Broad-base support

A: Keep spine aligned

C: Contract your abdominal and back muscles

K: Bend at the knees

— Courtesy of the Health and Wellness Center



Dental Health Month

Ensuring the Wolf Pack is "Fit to Bite"



Photo by Staff Sgt. Maritza Freeland

Maj. Robin Fontenot, a dentist in the 8th Medical Operations Squadron, and Senior Airman Danielle McFadden, a dental technician, repair a tooth filling for Army 1st Lt. Alicia Lynn, E-Battery. February was Dental Health Month, and the dental staff stressed the importance of good oral care.



Photo by Senior Airman Andrew Svoboda

Tech. Sgt. Eric Kiefer, 8th MDOS NCOIC of the dental clinic, uses a powdered stone mixture to cast a mold of teeth used for mouth guards. People playing contact sports can set up an appointment at the dental clinic to have a mouth guard made.



Photo by Senior Airman Andrew Svoboda

Tech. Sgt. Eric Kiefer, 8th MDOS, uses an X-ray machine to take dental radiographs of Lt. Col. Mo Coover, 8th MDOS. The machine is used for dentists and technicians to see the four bite wing teeth, two on each side of a patient's mouth.



Photo by Staff Sgt. Maritza Freeland

(Top) Dental molds are used for dental appliances such as sports guards. (Right) Senior Airman Anthony Robb, a dental technician, checks X-ray film after processing it to ensure a clear image of the teeth can be seen.



Photo by Staff Sgt. Maritza Freeland